Information For the Use

Each Soft Gelatin Capsule contains:

Grape Seed Extract 25 mg

Lycopene 6% USP 2 mg

Lutein 8% USP 3 mg

Vitamin A Concentrate Oil

(As Palmitate)

IP 5000 I.U

Vitamin B1 IP 5 mg

Vitamin B2 IP 5 mg

Vitamin B6 IP 1.5 mg

Vitamin B12 IP 15 mcg

Folic Acid IP 1.5 mg

Zinc Sulphate Monohydrate IP 23 mg Selenium Dioxide Monohydrate USP 75 mcg

Excipients q.s

Approved Colours to be used in Softgel Capsule Shells.

# **Lycology Softgel**

Grape Seed Extract 25 mg + Lycopene 6% USP 2 mg + Lutein 8% USP 3 mg + Vitamin A Concentrate Oil (As Palmitate) IP 5000 I.U + Vitamin B1 IP 5 mg + Vitamin B2 IP 5 mg + Vitamin B6 IP 1.5 mg + Vitamin B12 IP 15 mcg + Folic Acid IP 1.5 mg + Zinc Sulphate Monohydrate IP 23 mg + Selenium Dioxide Monohydrate USP 75 mcg Softgel Capsule

# **Description:**

This nutritional supplement combines antioxidants, essential vitamins, and minerals to support overall health, skin vitality, eye health, and immune function. The synergy of Grape Seed Extract, Lycopene, Lutein, and a blend of B Vitamins makes this softgel capsule an ideal choice for individuals seeking enhanced protection from oxidative stress, along with the nutritional support necessary for maintaining a healthy and active lifestyle.

## **Composition (Per Softgel Capsule):**

- Grape Seed Extract: 25 mg
- Lycopene (6% USP): 2 mg
- Lutein (8% USP): 3 mg
- Vitamin A Concentrate Oil (As Palmitate) IP: 5000 I.U
- Vitamin B1 (Thiamine) IP: 5 mg

- Vitamin B2 (Riboflavin) IP: 5 mg
- Vitamin B6 (Pvridoxine) IP: 1.5 mg
- Vitamin B12 (Cobalamin) IP: 15 mcg
- Folic Acid IP: 1.5 mg
- Zinc Sulphate Monohydrate IP: 23 mg
- Selenium Dioxide Monohydrate USP: 75 mcg
- Excipients: Q.S
- Approved Colours: To be used in Softgel Capsule Shells.

### **Indications:**

This softgel capsule is recommended for individuals looking to:

- Support Antioxidant Protection:
  - The combination of Lycopene, Grape Seed Extract, and Selenium provides potent antioxidant protection, combating oxidative stress and promoting healthy skin and cardiovascular health.
- Promote Eye Health:
  - Lutein plays a crucial role in protecting the eyes from damage caused by UV light and blue light

exposure, promoting clear vision and supporting long-term eye health.

#### • Boost Immune Function:

 The combination of Vitamin A, Vitamin C, Zinc, and Selenium helps strengthen the immune system, enhancing the body's ability to fight infections and promoting faster recovery.

## • Enhance Skin Health:

- Lycopene and Vitamin E are known for their ability to improve skin health, reducing the appearance of fine lines and wrinkles and protecting the skin from environmental stressors.
- Maintain Healthy Energy Levels:
  - B Vitamins (B1, B2, B6, B12) play an essential role in energy metabolism, helping the body convert food into energy and improving overall vitality.
- Support Cognitive and Nervous System Health:
  - Vitamin B12 and Folic Acid are important for supporting cognitive function, memory, and the overall health of the nervous system.

## **Dosage and Administration:**

- Adults:
  - Take 1 softgel capsule daily with a meal, or as directed by your healthcare provider.
- Children:
  - This product is generally not recommended for children under 12 years unless advised by a healthcare provider.
- Duration of Use:
  - This supplement can be used for longterm health maintenance or as directed by a doctor.

## Storage:

- Store in a cool, dry place, away from direct sunlight (between 15°C to 30°C).
- Keep the bottle tightly closed and out of reach of children.
- Do not use after the expiration date printed on the packaging.

#### Note:

This product is a dietary supplement and should be used as part of a healthy diet and lifestyle. It is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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